

EXAMINATION GUIDE **Full Body Hair Removal**

Exam Time:

- ***The exam will begin at the time issued on the participant's exam notification.***
- Once registered, the exam participant is not permitted to leave the exam area for any reason.
- Failure to follow all directions for each phase could result in disqualification from the exam.
- Arrangements for an oral exam must be made in advance with the Executive Director and noted on the exam application.
- Any special arrangements (such as an interpreter) must be arranged in advance with the Executive Director; all out of pocket expenses arising therefrom are the responsibility of the exam participant.
- The exam must be written in ink (blue or black) and you are responsible for bringing your own writing implements.

Not permitted in the exam area:

- Reference or paper notes
- Textbooks
- Cameras, cell phones or other electronic devices (including watches)
- Food or drink
- Family or friends are not permitted in the testing area for any reason

Note: It is recommended to bring snacks/lunch and a drink for you and your model for lunch and break times.

Model:

- Model must be at least 18 years of age and cannot be:
 - ❖ a licensed esthetician
 - ❖ licensed in full body hair removal
 - ❖ a student pursuing a career in esthetics or full body hair removal
 - ❖ a person employed in a Cosmetology School
- Only one model for the entire practical portion
- Models must arrive with hair long enough to be waxed:
 - ❖ on the eyebrow
 - ❖ underarm
 - ❖ on ½ leg (lower)

Professional Appearance and Behavior

- Participants must present a professional appearance. Behavior should be professional at all times, showing respect for examiners and models.
- Subdued conversation is expected between the model and the stylist and participants should avoid loud interactions. Participants who cause disruption at the Provincial exam will be asked to leave.
- Professional attire should be worn (ex: college uniform or black pants, white top, black flat or low shoes or boots).

Tools:

- A suggested checklist is provided for each practical phase. **NOTE:** some phases require the same tools. All tools must be clean and disinfected prior to use at the exam (if the same tool is used for numerous phases during the practical exam, the tool must be cleaned and disinfected prior to the next phase). Bring duplicate tools cleaned and disinfected or one tool and the required disinfectant and disposable tools where possible.

NOTE: Not all tools may be listed. It is recommended that you go through each phase noted herein to ensure you have everything you require for your practical (add extra tools/supplies/products if needed).

- Tools and products must be professional.
- Tools must be pre-disinfected and stored in an appropriate container prior to the practical exam.
- Exam participants are responsible for service/practical set up and are given time to do so prior to the start time.

SAFETY: tool bags should be kept away from the practical exam area, which should be kept neat and tidy during the exam to avoid hazards (ex: tripping over bags).

NOTE: examiners will provide an overview for the day, including: bathroom and smoking area, and fire escape route prior to the start of the exam.

No borrowing is permitted during the exam; failure to bring the required tools or supplies will result in failure of the phase the participant is not prepared for.

Although exam times are listed below, the exam day scheduled times may vary through out exam day.

Exam Schedule

Exam start time is noted on the exam participant's exam notification.	• Register with model for practical exam
	• Set up for waxing procedure
	• Waxing procedures
	• Clean up and Break
	• Written exam begins
	• Participants have two hours to complete the written phase

Participants will be stopped at each allotted time limit and their work evaluated.

Practical Exam Phases

1. Waxing – 60 Minutes

Model must arrive with hair long enough to wax; soft wax is provided.

Participant may bring hard wax and wax pot if desired.

Practical marking is based on the following:

- Draping of bed and model
- Use of gloves
- Use of disinfected implements
- Examination of area to be waxed
- Pre and post waxing skin preparation
- Testing of wax temperature
- Wax application and removal
- Tweezing
- Timing
- Clean up and disposal of waste

Time	Objective	Checklist	✓
60 mins	Demonstrate and complete hair removal by waxing the eyebrow and underarm and ½ legs within 60 minutes	Gloves	
		Paper for the bed	
		Sheet/blanket	
		Professional pre and post wax	
		Wax strips	

Written Examination

- Once registered the exam participant is not permitted to leave the exam area for any reason.
- Exam participants must have a comprehensive understanding of body hair removal and the Nova Scotia Cosmetology Association’s By-Laws.
- Participants are given a maximum of two hours to complete all written tests.

Not permitted in the exam area:

- Reference or paper notes
- Textbooks
- Cameras, cell phones or other electronic devices (including watches)
- Food or drinks

Failure to follow all directions could result in disqualification from the exam.

The written portion of the exam(s) consist of two sections containing true or false, fill in the blank or multiple-choice questions.

Examination/ Area of Testing
Sanitation, Disinfection & Safety
Cosmetology Association of Nova Scotia By-Laws

Exam Results

Results are forwarded to participants via regular mail within thirty (30) days following the exam date. Test results will not be discussed by telephone.

The pass mark for all phases is 70%. In the event of an exam failure, the participant must contact the Cosmetology Association of Nova Scotia to schedule a new exam date and pay the required re-examination fee in accordance with the *Cosmetology Act, 2012, c. 39, Schedule "B"*.

Note: A participant may only challenge the provincial exam a maximum of three times.

For questions regarding your provincial examination in body hair removal, please contact the Cosmetology Association of Nova Scotia at 902-468-6477, ext. 206.