# Keep Our Workplace Safe!

#### **Practice good hygiene**



Stop hand shakes and use **non-contact** greeting methods



Clean hands at the door and schedule **regular hand washing** reminders



**Disinfect surfaces** like doorknobs, tables, and desks regularly

Limit meetings and nonessential travels

Use **video conferencing** instead of face-to-face meetings

When video calls are not possible, hold your meetings in **well-ventilated rooms** 



**Avoid touching your face** and cover your coughs and sneezes



**Increase ventilation** by opening windows or adjusting air conditioning

and spaces

Suspend all non-essential travels and trips



### Stay home if...

- You are **feeling sick**
- You have a sick
  family member at
  home



### Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone. We're here to support you! Reach out to hr@reallygreatsite.com anytime.

#### SOURCE: CDC.GOV

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